

Abundance: 101

## Lesson 19. Living in the “Now” and Stop the Worry Habit

My Angels have told me that if you wish to attract abundance to you in all areas of your life start living in the now.

Trust that God and the Universe will take care of everything and grant your abundance. When we live in the past or future we are always so stressed. Thinking things like I should have done this... I need to do that.

When we live more in the “Now” we are living in faith that God and the Universe will take care of everything. Keeping these thoughts in mind will bring us our abundance in ALL areas of our life.

My Angel David told me once to really watch the birds. He told me that even before the birds look for food they start to sing a song of “Thanks”. They sing because they are happy knowing that God will provide for them EVERYTHING they need.

Let’s all get up each morning and sing a song of thanks knowing that God is taking care of us and bringing us ALL OUR ABUNDANCE.

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Love & Light

Carrie