

Abundance: 101

## Lesson 15 Random acts of kindness

Today my Angels want to talk about how doing “Random Acts of Kindness” will bring abundance to you.

When we do a “Random Acts of Kindness” for someone it comes back to us 10 fold. It does not have to cost money. Just give from your heart. I often buy roses and give them out one at a time to people. That “Random Acts of Kindness” brought me the most beautiful roses in my own yard one year. It was the year right after my daughter Jennifer died. I did not feel like tending my yard. But never the less that year I had the most beautiful roses ever.

My Angels told me it was because even though I was grieving, I took the time to give roses out randomly to people. Sometimes I pay for a complete stranger’s dinner when I am out to eat. I tell the waitress to tell the people a Angel bought them dinner.

The energy we send from our hearts when we do a “Random Acts of Kindness” spreads love everywhere. Then it comes back to us by bringing us all kinds of random abundance.

Like people paying for our dinner or giving us flowers from their garden. Or maybe we will get an extra hug from our spouse or child.

Start doing “Random Acts of Kindness” and watch how the universe brings it back to you 10 fold.

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Love & Light

Carrie